**Hindu Temple of Central Illinois**

**Īśvara Group**

**Homework 008**

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Note: Record your answers to the following questions. Be clear and legible in your writing. You could also type in your answer and save it in a folder on your computer at home. Bring the answer to class next week.

1. Help your parents and your family at your home with chores - as your “thanks” to them. Keep track of what you do and report 5 things you did during this week.
2. Every one we meet in our life is there to teach us something about ourselves. Silently say “thank you” to everyone you meet next week – do this consciously and keep track of how many times you do this.
3. How do we thank someone in the *Sanatana Dharma* (Hinduism) tradition?